

# it all adds up!

Each wedding is unique, and therefore each will have a different price tag. Here are some cost estimates to help you plan your wedding. This list is not necessarily complete; also, it may include things that you won't need for your wedding.



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Morris Weintraub/Imagewell



Katy Gray Photography

	LOW \$\$	HIGH \$\$		
<b>PRE-WEDDING</b>	Gown	200	5,000	
	Veil	100	600	
	Shoes	25	400	
	Accessories (jewelry, nylons, and gloves)	40	2,000	
	Invitations	150	1,500	
	Stamps (100-300) (Invitation w/ return envelopes)	132	300	
	Bridal stationery and thank-you notes	35	320	
	Wedding ring (Bride)	500	15,000	
	Wedding ring (Groom)	200	1,500	
	Bridesmaid gifts (@ 3 bridesmaids)	45	600	
	Groomsman gifts (@ 3 groomsman)	45	600	
	Parent gifts (@ 4 parents)	100	1,000	
	Ring bearer and flower girl gifts	30	150	
	Church or location rental	100	3,000	
<b>WEDDING</b>	Officiant fee	100	350	
	Flowers for altar, chairs, and garland	150	2,500	
	Candles, decorations, rice, or birdseed	60	400	
	Bride's bouquet	120	650	
	Bridesmaid bouquets (@ 3 bridesmaids)	90	360	
	Groomsman boutonnieres (@ 3 men & ring bearer)	60	80	
	Parent flowers (@ 4 parents/4 grandparents)	80	180	
	Flower girl (wreath, basket w/ flowers)	30	75	
	Band (trio)	1,000	3,000	
	White chairs (@ 100 guests)	350	500	
	Photographer	1,000	12,000	
	Videography	500	3,500	
	<b>RECEPTION</b>	Appetizers (@ 100 guests)	500	5,000
		Dinner (@ 100 guests)	3,000	18,000
Alcohol (@ 100 guests)		500	10,000	
Cake (@ 100 guests)		250	1,000	
Flower centerpieces (@ 13 tables)		325	2,105	
Flower centerpieces (bar and dance floor)		100	350	
Flower centerpieces (buffet)		35	350	
Flowers for cake		25	75	
Garland for mantles		30	600	
Band (cocktail hour)		500	500	
Band or DJ (dancing)		1,500	8,000	
Location rental		500	5,000	
Tent (includes tables and chairs)	2,500	2,500		
Serviceware (in a tent @ 100 guests)	200	400		
	<b>\$15,207</b>	<b>\$109,445</b>		

# budget planner

**PRE-WEDDING**

- Gown .....
- Veil .....
- Shoes .....
- Accessories (jewelry, nylons, etc.).....
- Invitations (including postage) .....
- Bridal stationery and thank-you notes .....
- Wedding rings .....
- Bridesmaid gifts .....
- Groomsman gifts .....
- Parent gifts .....
- Ring bearer and flower girl gifts .....

**WEDDING**

- Church or location rental .....
- Officiant fee .....
- Flowers for ceremony location .....
- Location decorations .....
- Bride bouquet.....
- Bridesmaid bouquets .....
- Groomsman boutonnieres .....
- Parent flowers .....
- Musicians .....
- Ring bearer and flower girl flowers .....
- Seating .....
- Photographer .....
- Videographer .....

**RECEPTION**

- Appetizers.....
- Dinner .....
- Alcohol .....
- Cake .....
- Flowers for reception location .....
- Band or DJ .....
- Location rental .....
- Serviceware .....

# wellness check-in

This workbook page is designed to help you focus and commit to living life one day at a time. During any major event—like a wedding or holiday—people tend to lose sight of their daily routines while absorbed in the event preparations. Use this workbook page to stay motivated and avoid burnout. You may choose to monitor yourself on a monthly, weekly, or daily basis. Ask yourself the following questions and score your answers. Take all four surveys; each survey adds up to five stars, with a total of twenty stars possible.

## SOUL CAPITAL Check-in

### When was the last time I felt excited about my life goals in relation to this wedding (or event)?

I feel motivated right now! Things are going great. I'm on top of my game. **Points = 5**

I felt glimpses of inspiration this week, but I also felt overwhelmed. I will seek motivation by listening to good music or writing in a journal. **Points = 3**

I am totally down on everything. Today I will recommit to what I'm truly passionate about. **Points = 1**

## BODY INTAKE Check-in

### When was the last time I ate?

Within the last two to four hours. Eating small meals throughout the day keeps me energized. **Points = 5**

It's been more than four hours since I ate; I could probably use some food to keep me going. **Points = 3**

I haven't eaten all day OR I haven't stopped eating. It's time to focus and commit to healthy fueling. **Points = 1**

## BODY OUTPUT Check-in

### When was the last time I exercised?

I worked out with my accountability buddy today and I can still feel those endorphins pumping!

**Points = 5**

I'm planning to exercise later. Morning exercisers have greater exercise adherence—I will start working out before noon when possible. **Points = 3**

I can't remember the last time I exercised or have been exercising excessively. I will re-structure my priorities to give my body the work and recovery that it needs. **Points = 1**

## BASIC HUMAN Check-in

### Am I sleeping enough? Am I meeting my work, community service organizations', and dependents' needs? Do I need to meditate or pray? Am I depressed? Am I sick?

I'm maintaining a healthy schedule with all the basic human parts balanced in a harmony that makes me shine. **Points = 5**

I'm struggling to keep up in some aspects of my life, while others are good. I will prioritize to address my basic human needs. **Points = 3**

I'm not making the cut on any of these basics. I'll start with what I can change today. If necessary, I will see a doctor, therapist, or life coach to address these issues. **Points = 1**

## WHAT'S YOUR SCORE?

**20 stars:** Congratulations—continue your healthy and joyful lifestyle!

**15-19 stars:** You're doing well! Fine-tune your choices to maximize your wellness.

**10-14 stars:** Don't forget who's most important. Make choices that include caring for yourself.

**5-9 stars:** Take care of yourself first. Seek the counsel of a wise friend or your soon-to-be spouse to assess how you can make the changes necessary to put yourself first.

**< 5 stars:** Start by making one simple change and use this worksheet to continue checking in daily.

**If you need assistance, hire a trainer, nutritionist, therapist, or personal assistant to get you back on track to being the happiest, most fulfilled person you can be. And have fun!**

- By Cat Caldwell

# photo checklist

## portraits

- Bride
- Groom
- Bride and groom
- Bride, with detail of back of dress
- Groom with best man
- Groom with groomsmen
- Bride with maid of honor
- Bride with bridesmaids
- Ring bearer with flower girl
- Entire wedding party
- Bride with parents
- Groom with parents
- Bride and groom with bride's parents
- Bride and groom with bride's family
- Bride and groom with groom's parents
- Bride and groom with groom's family
- Bride and groom with both sets of parents

## pre-wedding

- Bride and attendants getting ready
- Groom and attendants getting ready
- Mother or maid of honor helping bride
- Reception site being set up
- Bride leaving for ceremony
- Groom leaving for ceremony

## ceremony

- Wedding programs
- Ceremony site, with guests arriving
- Ushers escorting special guests to their seats
- Both sets of parents entering
- Groom walking down the aisle or awaiting bride
- Bridal party at ceremony spot, awaiting bride
- Child attendants walking down the aisle
- Bride walking down the aisle
- Special guests watching the ceremony
- Wedding kiss
- Bride and groom leading recessional
- Guests throwing birdseed or flower petals
- Wedding certificate signing
- Bride and groom's hands displaying wedding rings

## reception

- Friends signing guestbook
- Guests at cocktail hour
- Reception site, set for dinner
- Seating-cards display
- Centerpieces
- Place settings
- People offering toasts
- Bride and groom listening to toasts
- Group pictures of guests at each table
- Bride and groom's first dance
- Bride dancing with her father
- Groom dancing with his mother
- Guests dancing
- Wedding cake
- Bride and groom cutting the cake
- Bride and groom departing



# professional contacts

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Notes \_\_\_\_\_

Contract amount \_\_\_\_\_ Paid \_\_\_\_\_ Balance due \_\_\_\_\_ Due date \_\_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Notes \_\_\_\_\_

Contract amount \_\_\_\_\_ Paid \_\_\_\_\_ Balance due \_\_\_\_\_ Due date \_\_\_\_\_

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Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Notes \_\_\_\_\_

Contract amount \_\_\_\_\_ Paid \_\_\_\_\_ Balance due \_\_\_\_\_ Due date \_\_\_\_\_

# month-by-month wedding planner

## 6-12 months

- Choose a date and location
- Create a notebook to stay organized
- Set your budget
- Compile the guest list
- Send “save the date” cards to potential guests
- Reserve ceremony and reception sites
- Select a caterer, band, and florist
- Select a photographer and videographer
- Select a wedding gown and wedding-party attire
- Make reservations for honeymoon
- Register for gifts

## 4-5 months

- Compile final guest list
- Reserve rental equipment
- Order wedding cake
- Start working on wedding vows
- Have groom and groomsmen fitted
- Purchase wedding rings
- Order invitations and thank-you notes
- Check marriage license requirements
- Finish planning your honeymoon

## 2-3 months

- Plan ceremony and rehearsal dinner
- Address invitations; mail six to eight weeks prior
- Organize details with service providers
- Make appointments for hair, nails, facial, and massage
- Arrange for final fitting of your gown and bridesmaid dresses
- Make wedding-day transportation arrangements
- Purchase gifts for your attendants
- Send thank-you notes for gifts received early

## 1 month

- Confirm accommodations for out-of-town guests
- Give your final count of guests to caterer
- Get marriage license at least seven days prior
- Pick up your wedding rings
- Make sure bridesmaids have dresses and accessories
- Discuss services with officiant
- Make seating arrangements and place cards
- Continue writing thank-you notes

## 1 week

- Pack for your honeymoon
- Break in your wedding shoes
- Create seating chart
- Confirm transportation
- Make sure all of your attendants have their formalwear and that it fits properly
- Continue writing thank-you notes

## wedding day

- Eat a healthy breakfast
- Give yourself plenty of time to relax and enjoy getting ready
- Use a checklist to make sure you bring everything you need to the ceremony site
- Most importantly, enjoy yourself!



# bridesmaid planner

After choosing the bridesmaid dress and bouquet, photocopy this page and send copies to your bridesmaids. Have them fill in their information and either mail or fax it back to you.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

**measurements**

Chest \_\_\_\_\_

Waist \_\_\_\_\_

Hips \_\_\_\_\_

Usual dress size \_\_\_\_\_

**the dress**

Designer \_\_\_\_\_

Style/pattern # \_\_\_\_\_

Color \_\_\_\_\_

Description \_\_\_\_\_

**dress ordering information**

Date ordered \_\_\_\_\_ Dress received

Seamstress \_\_\_\_\_

Seamstress phone \_\_\_\_\_

Alterations needed \_\_\_\_\_ Alterations completed \_\_\_\_\_

**accessories**

Shoes

Earrings

Necklace

Bag

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**bouquet**

Description \_\_\_\_\_

Florist \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_



# reception planner

Reception location \_\_\_\_\_  
 Contact name \_\_\_\_\_  
 Email \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Address \_\_\_\_\_

	need	available	cost
Private room			
Room capacity			
Hours available			
Staff			
Number of guest tables			
Head table			
Linens			
China			
Stemware/glassware			
Stage			
Sound system			
Piano			
Guestbook table			
Gift table			
Cake table			
Catering service			
Bar/bartender			
Beverages			
Air conditioning			
Set-up time			
Clean-up charge			
Corkage fee			
Valet parking			

Head count deadline \_\_\_\_\_  
 Menu selection deadline \_\_\_\_\_  
 Deposit deadline \_\_\_\_\_  
 Final payment deadline \_\_\_\_\_



# music & entertainment planner

Use this worksheet to organize your wedding-day music and entertainment. Give a copy of your selections (and the songs not to play) to your musicians and/or DJs prior to your wedding day, so they can plan accordingly.

*song/performed by*

*start time*

## ceremony

Prelude	_____	_____
Processional	_____	_____
Service	_____	_____
Recessional	_____	_____
Postlude	_____	_____
Other	_____	_____
Other	_____	_____
Other	_____	_____

## reception

Cocktail hour	_____	_____
Arrival of newlyweds	_____	_____
Couple's first dance	_____	_____
Bride & father dance	_____	_____
Groom & mother dance	_____	_____
Guests' first dance	_____	_____
Dinner	_____	_____
Cake cutting	_____	_____
Tossing the bouquet	_____	_____
Throwing the garter	_____	_____
Last dance	_____	_____
Other	_____	_____
Other	_____	_____
Other	_____	_____
Other	_____	_____

Special instructions or notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# registry checklist

## formal dinnerware

- 8-12 Place settings
- Accent plates
- Pasta/soup bowls
- Creamer
- Sugar bowl
- Gravy boat and stand
- Salt and pepper shakers
- Large vegetable bowls
- Serving bowls
- Covered casseroles
- Large and medium platters

## formal crystal

*Same quantity as your china*

- Water goblets
- Wineglasses (red & white)
- Champagne flutes
- Iced beverage glasses

## silver

- 8-12 Place settings
- Extra teaspoons
- Extra salad forks
- Cold meat server
- Serving spoons
- Pierced tablespoons
- Soup spoons
- Sugar spoon
- Butter knife

## everyday flatware

- 8-12 Place settings
- Serving set
- 8-12 Hostess set
- Entertainment set

## cookware

- Sauce pans
- Saute pans
- Stockpot/dutch oven
- Tea kettle
- Steamer/double boiler
- Casserole dishes
- Roaster
- Griddle/grill pan
- Omelette pan

## everyday dinnerware

- 8-12 Place settings
- Cereal bowls
- Creamer
- Sugar bowl
- Salt and pepper shakers
- Serving bowls
- Casseroles
- Platters

## everyday glassware

- Tall beverage glasses
- Goblets
- Wineglasses

## barware

- Highball glasses
- Double old-fashioned

## glasses

- Brandy glasses
- Pilsner glasses

## table linens

- Placemats
- Napkins
- Napkin rings
- 2 Tablecloths

## cutlery

- Paring knife
- Chef knife
- Bread knife
- Carving knife
- Cleaver
- Slicing knife
- Steak knives
- Mixing bowls
- Spatulas
- Whisk
- Rolling pin
- Strainer
- Measuring cups and spoons
- Dish towels
- Trivets
- Canisters
- Cutting surface

## bakeware

- Cookie sheets
- Muffin pans
- Pie plates
- Bread pan
- Cake pans

## appliances

- Mixer
- Food processor
- Coffee maker
- Blender
- Can opener
- Toaster
- Juicer

## bedding

- Pillows
- Pillowcases
- Pillow shams
- Flat sheets
- Fitted sheets
- Comforters
- Blankets

## bath

- Bath sheets
- Bath towels
- Hand towels
- Washcloths
- Bath rugs
- Shower curtains
- Shower curtain rings
- Shower curtain liners

